

# Anti-Bullying

All children play some role in childhood/school bullying incidents, whether they are: the bully, the victim or simply a bystander/witness. No child comes away unaffected from bullying: everybody's social development is colored and molded by the aggressive and violent actions that they see and experience.

Children who are bullied lead unhappy and often desperate lives (coming to believe the things that other children say about them and ending up hating themselves). Many times they don't even want parents or other family members to know that they are being bullied as they think that these people whom they love will start to see something "wrong with them" too. There is also the fear that their intervention might make things worse.

The effects of being bullied will alter a child's view of the world and develop in them a sense that the "good things" in life are not meant for them: a view that is carried with them through later life, meaning they fail to realize their true and very real potential.

Even for those children who are not bullied but witness bullying may develop unhealthy social habits and coping mechanisms. Many children admit to siding with bullies and becoming their "friends" so as to avoid becoming a victim of bullying themselves. By doing so they are also coerced into becoming bullies themselves, sometimes turning on the children who were once their close friends. Other will admit to going through their childhood with feelings of guilt because they did nothing (because they didn't know how to) to stop a victim being bullied or will mention the profound fear they felt whenever a bully was near because they felt they could be the next victim.

## **Nobody, comes away unaffected by Bullying**

For details please click [Contact us](#)

If you feel you need more details meet us face-to-face, please use the above method to make an appointment with us and we would be happy to design the module keeping in mind the situation & required need.